

Treehouse Tempeh Organic Soy



USA Specifications

Nutrition		Amount/serving	% DV*	Amount/serving	% DV*
		Total Fat 6g	8%	Total Carbohydrate 13g	5%
Facts2.7 servings per containerServing size3oz (85g)		Saturated Fat 1g	5%	Dietary Fiber 4g	14%
		Trans Fat 0g		Total Sugars 0g	
		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	302 (03g)	Sodium 0mg	0%	Protein 15g	30%
Calories per serving	170	Vitamin D 0mcg 0% • Calcium 120mg 10% • Iron 6.6mg 35% • Potassium 750mg 15%			
per eer		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet			

INGREDIENTS: WATER, ORGANIC SOYBEANS, ORGANIC APPLE CIDER VINEGAR, STARTER CULTURE (RHIZOPUS OLIGOSPOROUS). CONTAINS: Soy

<u>Handling</u> Keep Refrigerated Not Fully Cooked- Heat to Internal Temp of 165°F

Shelf Life

Frozen, unopened: n/a Refrigerated, unopened: 72 days from pack date Refrigerated, opened: 5-7 days

Preparation Instructions

Slice tempeh into ¼" strips. Marinate for 20 minutes. Sauté in 3 Tbsp oil (vegetable or sesame work best), or broil for 5 minutes each side. Item Number: 10109 Case GTIN: 100 25583 00101 2 Item UPC: 0 25583 10000 8

Net Weight: 8oz (227) Case Pack: 6/8oz

<u>Microbiological</u> Salmonella/Listeria: Negative Coliforms/E.Coli: <100CFU/g SPC, Yeast/Mold: <2000 CFU/g

<u>Chemical</u> pH: 5.4-6.4 Aw: 0.95-0.99 Moisture: 55-65%

Preserved Identity Vegan Non-GMO Certified Gluten Free Certified Organic by Oregon Tilth Certified Kosher Parve by KSA

Excellent Source of Protein Low Saturated Fat Good Source of Fiber Omg Cholesterol Sodium Free No Sugar



Treehouse Tempeh Smoky Maple Bacon Marinated Strips



USA Specifications

Nutrition Facts

Amount per serving Calories	160
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 370mg	16%
Total Carbohydrate 15g	5%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 4g Added Suga	rs 8%
Protein 13g	26%
Vitamin D 0mcg 0% • C	alcium 120mg 10%
	assium 660mg 15%

INGREDIENTS: WATER, ORGANIC SOYBEANS, SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), MOLASSES, MAPLE SYRUP, NATURAL FLAVOR, SEA SALT, NATURAL SMOKE FLAVOR, ORGANIC APPLE CIDER VINEGAR, STARTER CULTURE (RHIZOPUS OLIGOSPOROUS).

CONTAINS: Soy, Wheat

Item Number: 10003 Case GTIN: 100 25583 00157 9 Item UPC: 0 25583 00156 5

Net Weight: 7oz (198g) Case Pack: 6/7oz

<u>Microbiological</u> Salmonella/Listeria: Negative Coliforms/E.Coli: <100CFU/g SPC, Yeast/Mold: <2000 CFU/g

Chemical

pH: 6.0-6.5 Aw: 0.95-0.99 Moisture: 45-55%

Preserved Identity

Vegan Non-GMO Project Verified Certified Kosher Parve by KSA Certified Organic by Oregon Tilth

Excellent Source of Protein Low Saturated Fat Good Source of Fiber Omg Cholesterol

<u>Handling</u> Keep Refrigerated Not Fully Cooked- Heat to Internal Temp of 165°F

Shelf Life

Frozen, unopened: n/a Refrigerated, unopened: 150 days from pack date Refrigerated, opened: 5-7 days

Preparation Instructions

Stovetop: Heat 1 to 2 Tbsp oil in pan (cast iron is best). Add tempeh strips to hot oil and cook 1½ to 2 minutes each side until nicely browned.